2nd ANNUAL SYMPOSIUM

Contemporary Management of Cardiovascular Disease in Women

February 4, 2017
Omni Los Angeles Hotel
Los Angeles, California

COURSE DIRECTOR
Christina Economides, MD

SUPPORTED BY
Good Samaritan Hospital
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WomensCVDLA.com
2ND ANNUAL SYMPOSIUM

CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN

FEBRUARY 4, 2017 OMNI LOS ANGELES HOTEL LOS ANGELES, CA

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ACKNOWLEDGEMENTS

We would like to acknowledge the following companies and organizations for their support of this symposium.

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COURSE DESCRIPTION

Heart disease is the leading cause of death in women in the US and accounts for more deaths each year than all of the other causes combined. In women of racial or ethnic minority the rates of death are even higher. One in three women will die of some form of heart or vascular disease. However, only one-third of women are aware of this statistic and only half would call 911 if they had symptoms of heart attack. Compared to men, women are less likely to receive standard of care of treatment for chest pain, less likely to be referred to a cardiologist, and less likely to be admitted to the hospital. It is our mission to educate healthcare providers about the risk of heart disease in women and empower them to be advocates for women's cardiovascular health.

This educational symposium will define risk factors for cardiovascular disease in women and how they differ from men, the impact of cardiovascular disease in women worldwide, and gender-specific treatments. Discussions will include pathophysiology of pregnancy related complications, the risks and benefits of hormone therapy, the benefits of biventricular therapy in women and heart failure management, and advances in management of dyslipidemia, atrial fibrillation and coronary microvascular dysfunction. State of the art therapies for structural heart disease, with an emphasis on outcomes in women, will be discussed.

The objective of this symposium is to educate healthcare providers on gender-appropriate approaches in prevention, diagnosis and treatment of women with a broad range of cardiovascular diseases.

TARGET AUDIENCE

This program has been designed to provide primary care physicians, internists, cardiologists, nurse practitioners, physician assistants, nurses, pharmacists and other healthcare providers with the necessary information to increase knowledge and awareness of cardiovascular disease in women with the goal of improving patient care.

SPECIFIC OBJECTIVES

1. Understand the impact of cardiovascular disease in women, including current incidence and prevalence
2. Review the risks, presentation and current guidelines for treatment of CAD in women
3. Explore the diagnosis and management of chest pain in women without obstructive CAD
4. Discuss preconception counseling for women with various existing cardiovascular disorders
5. Understand the management of women with common cardiovascular disorders during pregnancy
6. Review current management guidelines for hyperlipidemia and discuss newer, non-statin therapies
7. Discuss updates on lifestyle, diet and exercise guidelines
8. Understand the diagnosis and management of dysautonomia
9. Discuss updates on medical and device therapies for heart failure in women
10. Review pharmacologic and nonpharmacologic therapies for prevention of thromboembolic complications in atrial fibrillation
11. Review updated indications and compare the current outcomes in transcatheter vs surgical aortic valve replacement in women

continued
NEEDS ASSESSMENT

Heart disease is the leading cause of death in women in the US and accounts for more deaths each year than all other causes combined. In women of racial or ethnic minority the rates of death are even higher. One in three women will die of some form of heart or vascular disease. However, only one-third of women are aware of this statistic and only half would call 911 if they had symptoms of a heart attack. Compared to men, women are less likely to receive standard of care treatment for chest pain, less likely to be referred to a cardiologist, and less likely to be admitted to the hospital. It is our mission to educate healthcare providers about the risk of heart disease in women and empower them to be advocates for women’s cardiovascular health.

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ACCREDITATION STATEMENT

This Live activity, 2nd Annual Contemporary Management of Cardiovascular Disease in Women, with a beginning date of February 4, 2017 has been reviewed and is acceptable for up to 8.0 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award.

AANPCP: The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts AAFP Prescribed credit.

ANCC: According to the ANCC, the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria.

AAPA: The American Academy of Physician Assistants accepts AAFP Prescribed credit for AAPA Category 1 CME credit.
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CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN

FEBRUARY 4, 2017        OMNI LOS ANGELES HOTEL        LOS ANGELES, CA

COURSE DIRECTOR

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Director, Cardiac Rehabilitation Program
Co-Director, Transradial Cardiac Catheterization Program, Good Samaritan Hospital
Associate Program Director, Harbor-UCLA Medical Center/Good Samaritan Hospital
Interventional Cardiology Fellowship Program
Staff Cardiologist and Cardiovascular Interventionalist, Barbra Streisand Women’s Heart Center
Cedars-Sinai Heart Institute, Los Angeles, CA

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Clinical Professor Medicine, UCLA School of Medicine
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Cardiology Nurse Practitioner
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Assistant Medical Director,
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Clinical Cardiac Electrophysiology
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Clinical Faculty, Good Samaritan Hospital / Harbor-UCLA Medical Center
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Director, Uterine Artery Embolization Program
Co-Director, Transradial Cardiac Catheterization Program
Good Samaritan Hospital
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Cedars-Sinai Heart Institute
Los Angeles, CA

*Los Angeles Cardiology Associates, A Medical Group
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DISCLOSURES

It is our policy to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual’s control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose are disqualified from participating in the CME activity. Participants will be asked to evaluate whether the speaker’s outside interests reflect a possible bias in the planning or presentation of the activity. This information is used to plan future activities.

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The following have no relevant financial relationships to disclose:
Emily Caldwell, NP, Christina Craigo, ACNP, Margo Minissian, PhD, Priya Pillutla, MD, Janet Wei, MD, Andrew Zadeh, MD

The CME staff, meeting planners, and CME committee reviewers do not have any relevant financial relationships to disclose.

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CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN
FEBRUARY 4, 2017        OMNI LOS ANGELES HOTEL        LOS ANGELES, CA
PROGRAM

6:45am    Registration Opens
7:00-8:00  Breakfast - Product Theatre (Non-CME)
          Putting Guidelines into Practice: New Recommendations for Optimal Treatment of Heart Failure with Reduced Ejection Fraction (HFrEF)
          J. Thomas Heywood, MD
          Supported by: Novartis Pharmaceuticals Corporation
8:00-8:30  Cardiovascular Disease in Women: Scope of the Problem - 2017 Update
          Christina Economides, MD
8:30-8:55  Chest Pain in Women with No Obstructive Coronary Artery Disease: Diagnosis and Management
          Janet Wei, MD, FACC
8:55-9:20  Look Before You Leap: Preconception Counseling for Women with Cardiovascular Disease
          Priya Pillutla, MD
9:20-9:30  Break
9:30-9:55  Management of Common Cardiovascular Issues During Pregnancy
          Priya Pillutla, MD
9:55-10:20 Hypertension Management…to SPRINT or Not to SPRINT
          Ronald Victor, MD
10:20-10:55 Current Approach to Treatment of Hyperlipidemia
           Katrine Zhiroff, MD, FACC, FSCAI
10:55-11:20 A Pragmatic Approach to Non-Statin Therapies
           Margo B. Minissian, PhD, FAHA
11:20-11:55 Update on Lifestyle, Diet and Exercise Guidelines for Cardiovascular Disease: Prevention and Secondary Risk Reduction
           Christina Craigio, NP
11:55-12:05 Speakers’ Panel: Question and Answer
12:15-1:15  Working Lunch-Interventional Case Presentations
1:15-1:45  Keynote Lecture:
          Understanding the Spectrum of Dysautonomia: Practical Approach to Diagnosis
          David S. Cannom, MD, FACC, FHRS
1:45-2:05  Treatment and Long-term Management of the Dysautonomic Patient
          Emily Caldwell, ACNP
2:05-2:30  Congestive Heart Failure: 2017 Update in Management
          Katrine Zhiroff, MD, FACC, FSCAI
2:30-2:55  Heart Failure: Cardiac Resynchronization Therapy in Women
          Andrew Zadeh, MD, FACC, FHRS
2:55-3:05  Break
3:05-3:30  The Evolving Landscape for Anticoagulation in Atrial Fibrillation: Selection of the Right Drug, Reversal Agents and Gender Differences
          Anil Bhandari, MD, FACC, FHRS
3:30-3:55  Nonpharmacologic Therapy to Prevent Embolization in Patients with Atrial Fibrillation: Considerations in Women
          Ivan Ho, MD, FACC, FHRS
3:55-4:20  Transcatheter AVR vs Surgical AVR: Update on Indications and Outcomes in Women
          Christina Economides, MD
4:20-4:35  Speakers’ Panel: Question and Answer
4:35      Adjourn
Christina Economides, MD  
Director, STEMI Receiving Center, Director, Women’s Cardiovascular Health Program  
Director, Cardiac Rehabilitation Program  
Co-Director, Transradial Cardiac Catheterization Program, Good Samaritan Hospital  
Associate Program Director, Harbor UCLA Medical Center/Good Samaritan Hospital  
Interventional Cardiology Fellowship Program  
Staff Cardiologist and Cardiovascular Interventionalist, Barbra Streisand Women’s Heart Center  
Cedars-Sinai Heart Institute, Los Angeles, CA

Dr. Economides completed an undergraduate degree in music at the University of California Los Angeles followed by a Master’s degree in music at the University of Southern California. She then changed her focus to medicine and returned to UCLA for pre-medical coursework. She received her medical degree from the University of Michigan Medical School in Ann Arbor, Michigan, and completed Internal Medicine Internship and Residency at the UCLA/VA Greater Los Angeles Healthcare System. She completed fellowships in Cardiovascular Medicine at the UCLA/VA Greater Los Angeles/Olive View Medical Center, and in subspecialty Interventional Cardiology at Good Samaritan Hospital/Harbor UCLA Medical Center.

Dr. Economides has published numerous articles in peer review journals and presented at national cardiovascular meetings. She is the director of the Women’s Cardiovascular Health Program, the STEMI Receiving Center and Cardiac Rehab Program, and co-director of the Transradial Cardiac Catheterization Program at Good Samaritan Hospital. She is one of the clinical faculty for the Interventional Cardiology Fellowship Program at Good Samaritan Hospital/Harbor UCLA Medical Center. She recently became part of the team at the Barbra Streisand Women’s Heart Center at Cedars Sinai. She is very involved in community outreach programs, and patient and fellow education.

Dr. Economides is board certified in Internal Medicine, Cardiovascular Disease and Interventional Cardiology. She is fluent in English and Spanish.
Dr. Bhandari completed his cardiology fellowship at the University of Rochester in New York in 1982 and electrophysiology training in 1983 at the University of California, San Francisco under the mentorship of Melvin Scheinman. This was the era when the field of cardiac electrophysiology ablative procedures was born. While there, Dr. Bhandari worked in the dog lab to learn the fundamentals of ablative procedures and, thereafter, performed some of the earliest ablative procedures using direct current electrical energy at University of California, San Francisco. Thereafter, he joined USC as an Assistant Professor of Medicine where he started a very successful electrophysiology training program. During his tenure there he published over 50 articles in peer review journals and was promoted to Associate Professor of Medicine after 5 years.

Dr. Bhandari joined Los Angeles Cardiology Associates in 1989 where he, along with David Cannom, has been one of the two senior electrophysiology partners. Under their leadership, the electrophysiology training program at Good Samaritan Hospital has become a nationally and internationally known program. Dr. Bhandari was instrumental in starting radiofrequency ablative procedures at Good Samaritan Hospital and performed one of the first radiofrequency ablative procedures for Wolff Parkinson White (WPW) and supraventricular tachycardia in Los Angeles.

From the very beginning he nurtured a culture of excellence for the procedure outcome and patient safety. He self taught himself the technical aspects of cardiac ablative procedures and went on to teach the skills to clinical cardiac electrophysiology fellows over the years. He has been Director of the Cardiac Electrophysiology Fellowship Program since 1992 where two fellows are trained each year. Over the years this has been a sought after program for fellows looking to be trained in advanced cardiac electrophysiology.

Dr. Bhandari has a very active tertiary level cardiac electrophysiology practice. Over the last 20 years he has performed over 300 complex radiofrequency ablative procedures on a yearly basis. His referral base extends from Los Angeles to Bakersfield to the north, Simi Valley and Oxnard to the west, Orange County to the South, and Palm Springs to the east. He has started and directed the electrophysiology laboratory at San Antonio Community Hospital in Upland and Palmdale Regional Medical Center in Lancaster. Both are very successful programs and have continued to grow over the years.

In addition, to his busy and active practice, Dr. Bhandari maintains his academic interests. He continues to publish in the peer review journals and is involved in many basic cardiac electrophysiology projects along with Dr. Robert Kloner at Good Samaritan Hospital. He has spoken at many of the national and international cardiac electrophysiology meetings and has been course director for many of the regional and national meetings. In addition, he is a member of the editorial board for the Journal of Cardiovascular Pharmacology.

Dr. Bhandari’s passion lies in the field of cardiac ablative procedures and he intends to remain involved in the cutting edge technology. He aspires to spearhead the growth of a regional atrial fibrillation treatment center that will be staffed by some of the best and well known faculty. The facility will have state-of-the-art equipment for ablative procedures, should be able to provide comprehensive care to patients with drug refractory atrial fibrillation. With involvement of a strong hospital partner, this is certainly an achievable goal and he intends to pursue it with vigor.
David S. Cannom, MD, FACC, FAHA
Medical Director of Cardiology, Good Samaritan Hospital
Director of Cardiovascular Trial Development and Engagement,
Cedars-Sinai Heart Institute
Clinical Professor Medicine,
UCLA School of Medicine
Los Angeles, CA

David S. Cannom, MD, FACC, FAHA, is Clinical Professor of Medicine at the UCLA School of Medicine, Medical Director of Cardiology at the Good Samaritan Hospital in Los Angeles, California, and electrophysiologist at the Cedars-Sinai Heart Institute. He is also managing partner of a 10-man cardiology group, Los Angeles Cardiology Associates, specializing in coronary and electrophysiology interventions.

Dr. Cannom received his degree in medicine from the University of Minnesota School of Medicine in Minneapolis, Minnesota, and completed his medical training in an internship and residency at Yale-New Haven Hospital in New Haven, Connecticut, and his cardiology training at Stanford University School of Medicine in Stanford, California. Dr. Cannom is Past Governor and President of the California chapter of the American College of Cardiology. He is also Past President of the North American Society of Pacing and Electrophysiology and Past President of the Heart Rhythm Foundation.

He serves on the editorial boards of Pacing and Clinical Electrophysiology, Journal of Cardiac Electrophysiology, Cardiac Electrophysiology Review, and the Journal of Cardiovascular Pharmacology and Therapeutics. He is the author or coauthor of approximately 300 journal articles, book chapters, and abstracts.
Christina Craigo, MSN, ACNP, AACC
Lead Nurse Practitioner
Los Angeles Cardiology Associates
Los Angeles, CA

Christina Light Craigo earned her Bachelors of Science in economics and Masters of Science in Nursing from Vanderbilt University. She is nationally board certified as an Acute Care Nurse Practitioner from the American Nurses Credentialing Center. She has worked for Los Angeles Cardiology Associates since 2005; her primary interests include women and heart disease and electrophysiology.

Ms. Craigo is an Associate Clinical Professor at the UCLA School of Graduate Nursing and precepts nurse practitioner and medical students. She has spoken at both a state and national level on topics including sudden cardiac death, atrial fibrillation, PVCs and ventricular tachycardia, syncope, women and heart disease and advanced EKG interpretation.

She is an Associate of the American College of Cardiology and earned her subspecialty certification in critical care and cardiac medicine. Ms. Craigo is an active member of the American College of Cardiology, the Heart Rhythm Society and the American Heart Association and is the past president of the California Association for Nurse Practitioners West Los Angeles chapter.
Dr. Heywood is the Medical Director of the Advanced Heart Failure and Mechanical Circulatory Support Program at Scripps Health in La Jolla, California. He also serves as Director of the Heart Failure Recovery and Research Program and Co Director of the Pulmonary Hypertension Program. He is board certified in Internal Medicine, Cardiovascular Diseases, Advanced Heart Failure and Transplant Cardiology, and Echocardiography.

Previously, Dr. Heywood served as Director of the Adult Cardiac Transplantation Program and Director of the Cardiomyopathy Program at Loma Linda University Medical Center. He also served as Professor of Medicine at Loma Linda University School of Medicine.

Dr. Heywood has served on a variety of boards including the Advisory Council to Improve Outcomes Nationwide in Heart Failure Consensus Recommendations for the Management of Chronic Heart Failure, the Board of Directors, American Heart Association, Inland Empire Chapter, and Board of Directors, Loma Linda Veterans Administration Research and Education among others. He has been a principle investigator in many pivotal heart failure trials and is very active in clinical heart failure research. He is the author of numerous articles, abstracts and book chapters on congestive heart failure. His most recent publication is “The Cardiorenal Syndrome: A Clinician’s Guide to Pathophysiology and Management.”

Dr. Heywood received a degree in Theology at Loyola University, Chicago and a medical degree from the University of California, San Diego. He completed a residency in Internal Medicine in San Diego followed by a cardiology fellowship at Loma Linda University Medical Center. After his cardiology fellowship he spent a year as a cardiovascular research fellow at the University of Zurich in Zurich, Switzerland.
Dr. Ivan Ho grew up in Hong Kong and completed his undergraduate studies at Harvard College, where he received his A.B. summa cum laude in Chemistry. After receiving his medical degree at Harvard Medical School, Dr. Ho completed internship, residency, cardiology and clinical cardiac electrophysiology fellowships at Massachusetts General Hospital in Boston. He is board certified in internal medicine, cardiovascular diseases and clinical cardiac electrophysiology.

After completion of his training, Dr. Ho joined Los Angeles Cardiology Associates in 2008 where he is currently a partner in cardiac electrophysiology. He is an attending cardiac electrophysiologist at Cedars-Sinai Medical Center and Good Samaritan Hospital, and an Assistant Director of Atrial Fibrillation Research at the Cedars-Sinai Heart Institute. He also holds an academic appointment at the David Geffen UCLA School of Medicine where is an Assistant Clinical Professor of Medicine. He is involved in fellowship training for electrophysiology, and is the principal investigator in a number of clinical studies and trials on new ablation techniques and technologies. His subspecialty expertise includes catheter ablation for complex cardiac arrhythmias using the latest mapping and imaging technology, device implantation and evaluation of patients with arrhythmias. He is particularly interested in catheter ablation of atrial fibrillation and ventricular tachycardia.
Margo B. Minissian, PhD, FAHA, AACC

Nurse Scientist
Clinical Lipid Specialist
Cardiology Nurse Practitioner
Barbra Streisand Women’s Heart Center
Cedars-Sinai Heart Institute
Los Angeles, CA

Margo B. Minissian, PhDc, ACNP is a Nurse Scientist and Cardiology Nurse Practitioner at the Barbra Streisand Women’s Heart Center, Heart Institute, Cedars-Sinai Medical Center. The center is designed to help women reduce their chances of heart disease through a preventive approach, including state-of-the-art screening and diagnostic testing.

Her primary research interests focus on cardiovascular prevention. Minissian is funded by the National Institutes of Health, National Heart, Lung, and Blood Institute to complete heart health screenings in ethnic minority women. She has partnered with local nursing organizations to complete this study which will take place in minority communities in Los Angeles. Her second NIH funded study was her doctoral project, “Is Spontaneous Preterm Delivery Associated with Clustering of Maternal Cardiovascular Risk MarkErs and Impaired Vascular Function? The SPACE Study”. Minissian was also awarded the Preventive American Heart Association Western States Affiliate Summer 2014 Predoctoral Fellowship, the American Nurses Foundation PCNA Nurse Scholar Fellowship. Minissian is a published, Principal Investigator and co-investigator at Cedars-Sinai Medical Center with multiple peer reviewed publications.

Ms. Minissian has spoken at many professional organizations nation-wide discussing the epidemic of women and heart disease, Adverse Pregnancy Outcomes and dyslipidemia complicated by statin myalgias. She has presented at the Puerto Rico, Minnesota, Montana, Kentucky, New York, Washington and California Chapters of the American College of Cardiology to name a few.
Priya Pillutla, MD, FACC
Assistant Professor of Medicine
Director, Adult Congenital Heart Disease Program
Harbor-UCLA Medical Center
Los Angeles, CA

Bio unavailable.
Ronald Victor, MD, FACC
Burns and Allen Chair in Cardiology Research
Director, Hypertension Center
Associate Director, Cedars-Sinai Heart Institute
Los Angeles, CA

Bio unavailable.
Janet Wei, MD, FACC
Co-Director, Stress Echocardiography Lab
Assistant Medical Director, Biomedical Imaging Research Institute
Staff Cardiologist, Barbra Streisand Women’s Heart Center
Cedars-Sinai Heart Institute
Los Angeles, CA

Janet Wei, MD, FACC, is a cardiologist with the Barbra Streisand Women’s Heart Center, Co-Director of the Stress Echocardiography Lab at the Cedars-Sinai Heart Institute, and Assistant Medical Director of the Biomedical Imaging Research Institute. Dr. Wei is board certified in internal medicine and cardiovascular diseases, and treats persistent chest pain, microvascular dysfunction, atherosclerosis, hypertension, high cholesterol, and heart failure. She is also board certified in echocardiography, nuclear cardiology, and cardiac computed tomography.

Dr. Wei received her medical degree from Northwestern University and completed her internal medicine residency at Cedars-Sinai. She remained at Cedars-Sinai for her general cardiology fellowship and was a Chief Cardiology Fellow in 2012-2013. She completed an additional year of advanced training in women’s heart disease as the 2013-2014 Constance Austin Women’s Heart Fellow at the Barbra Streisand Women’s Heart Center.

Dr. Wei’s research interests include women and heart disease and the role of cardiac imaging in the evaluation of coronary microvascular dysfunction. Her research is National Institutes of Health (NIH) funded and includes the evaluation of coronary, carotid, and peripheral atherosclerosis using magnetic resonance imaging. She has published her research in peer-reviewed journals and presented at national cardiology conferences. She is the recipient of the American Heart Association Women in Cardiology Trainee Award for Excellence, the Cedars-Sinai Sports Spectacular Endowed Fellowship Award, and the American College of Cardiology (ACC) Emerging Faculty Award.
Dr. Andrew Zadeh graduated from the University of Louisville, School of Medicine with honors, later completing his medicine Residency at Cedars-Sinai Medical Center. He later received cardiovascular training at Harbor-UCLA Medical Center, and in Clinical Cardiac Electrophysiology at the Harbor-UCLA/Good Samaritan Hospital Program.

He joined Los Angeles Cardiology in 2013 and serves as Clinical Faculty at Harbor-UCLA Medical Center. In addition to his expertise in cardiac arrhythmia and therapeutic ablation, he also specializes in the implantation of cardiac devices, such as pacemakers, implantable cardioverter-defibrillators (ICDs), as well as performing device extractions and subcutaneous ICD implantations.

Over the course of the last several years he has gained valuable experience in the treatment of atrial fibrillation using both radiofrequency and cryoballoon technologies, a topic he is here to discuss with us today.
Dr. Zhiroff completed her undergraduate work at UCLA in Physiological Sciences and graduated with highest honors, Summa Cum Laude. She received her MD degree from the University of California San Diego School of Medicine. She completed Internship and Residency in Internal Medicine at Harbor UCLA Medical Center at the top of her class and was selected to serve as Chief Resident in Internal Medicine. She then went on to complete her training in Cardiovascular Medicine and Interventional Cardiology at the Good Samaritan Hospital/Harbor UCLA program.

Dr. Zhiroff has received multiple teaching awards and is one of the clinical faculty for the Interventional Cardiology Fellowship at Good Samaritan Hospital/Harbor UCLA Medical Center. She is the director of the Uterine Artery Embolization Program, and co-director of the Transradial Cardiac Catheterization Program at Good Samaritan Hospital. She recently became part of the team at the Barbra Streisand Women’s Heart Center at Cedars Sinai. Dr. Zhiroff is also involved with community outreach programs to raise awareness of cardiovascular disease in women.

Dr. Zhiroff is board certified in Internal Medicine, Cardiovascular Disease and Interventional Cardiology. She also has additional expertise and board certification in specialized cardiovascular imaging with Echocardiography, Nuclear Cardiology, and Cardiac CT. She is fluent in English, Russian, and Spanish.