

COURSE DESCRIPTION

3RD ANNUAL SYMPOSIUM

CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN

Saturday, January 27, 2018

Omni Los Angeles Hotel, Los Angeles, California

NEEDS ASSESSMENT

Heart disease is the leading cause of death in women in the US and accounts for more deaths each year than all of the other causes combined. In women of racial or ethnic minority the rates of death are even higher. One in three women will die of some form of heart or vascular disease. However, only one-third of women are aware of this statistic and only half would call 911 if they had symptoms of a heart attack. Compared to men, women are less likely to receive standard of care of treatment for chest pain, less likely to be referred to a cardiologist, and less likely to be admitted to the hospital. It is our mission to educate healthcare providers about the risk of heart disease in women and empower them to be advocates for women's cardiovascular health.

This educational symposium will define risk factors for cardiovascular disease in women and how they differ from men, address lifestyle changes for modifiable risk factors, including diet modification and management of obesity, and address the impact of cardiovascular disease in women worldwide.

TARGET AUDIENCE

This program has been designed to provide primary care physicians, internists, cardiologists, nurse practitioners, physician assistants, nurses, pharmacists and other healthcare providers with the necessary information to increase knowledge and awareness of cardiovascular disease in women with the goal of improving patient care.

FACULTY DISCLOSURE

It is our policy to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

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This educational symposium will define risk factors for cardiovascular disease in women and how they differ from men, address lifestyle changes for modifiable risk factors, including diet modification and management of obesity, and address the impact of cardiovascular disease in women worldwide. Discussions will include women-specific cardiovascular risk assessment in the setting of pregnancy and management of pregnancy complicated by high-risk cardiovascular diseases, conditions primarily affecting women, such as Pulmonary Arterial Hypertension and Dysautonomia, and advances in the management of dyslipidemia, atrial fibrillation and open artery myocardial infarction. State of the art therapies for structural heart disease, with an emphasis on outcomes in women, will be included.

This symposium will educate healthcare providers on gender-specific approaches in prevention, diagnosis, treatment and outcomes of women with a broad range of cardiovascular diseases.

OBJECTIVES

1. Understand the impact of cardiovascular disease in women, including current incidence and prevalence
2. Review the risks, presentation and current treatment guidelines for treatment of CAD in women
3. Explore the diagnosis and management of ischemia and myocardial infarction in women without obstructive CAD
4. Discuss preconception counseling for women with various existing cardiovascular disorders
5. Understand the management of women with high-risk cardiovascular disorders during pregnancy
6. Review current management guidelines for hyperlipidemia and discuss newer, non-statin therapies
7. Discuss updates on lifestyle modification, including diet and obesity guidelines
8. Understand the differential, diagnosis and management of dysautonomia
9. Discuss the initial evaluation and management of pulmonary arterial hypertension
10. Review the cardiovascular effects of cancer therapies in women
11. Review pharmacologic and non-pharmacologic therapies for prevention of thromboembolic complications in atrial fibrillation
12. Review updated indications and compare the current outcomes in transcatheter vs. surgical aortic valve replacement in women
13. Examine gender-related outcomes of percutaneous mitral valve repair

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CULTURAL AND LINGUISTIC COMPETENCY

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity.



1225 Wilshire Blvd.
3rd Floor Cardiology
Los Angeles, CA 90017

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won't you pass the extra along to an associate?*

PLEASE POST

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Contemporary Management of Cardiovascular Disease in Women



January 27, 2018

Omni Los Angeles Hotel
Los Angeles, California

COURSE DIRECTOR

Christina Economides, MD, MM, FSCAI

SUPPORTED BY



Good Samaritan Hospital
A Tradition of Caring



WomensCVDLA.com

FACULTY

COURSE DIRECTOR



Christina Economides, MD, MM, FSCAI*
 Director, STEMI Receiving Center
 Director, Women's Cardiovascular Health Program
 Director, Cardiac Rehabilitation Program
 Co-Director, Transradial Cardiac Catheterization Program
 Associate Program Director, Harbor UCLA Medical Center/Good Samaritan Hospital Interventional Cardiology Fellowship Program, Good Samaritan Hospital
 Staff Cardiologist and Cardiovascular Interventionist, Barbra Streisand Women's Heart Center
 Cedars-Sinai Heart Institute
 Los Angeles, CA

GUEST FACULTY



C. Noel Bairey Merz, MD, FACC, FAHA
 Director, Barbra Streisand Women's Heart Center
 Director, Linda Joy Pollin Women's Heart Health Program
 Director, Erika J. Glazer Women's Heart Research Initiative
 Director, Preventive Cardiac Center
 Professor of Medicine
 Cedars-Sinai Medical Center
 Los Angeles, CA



Margo B. Minissian, PhD, ACNP, CLS, AACC, FAHA
 Nurse Scientist
 Clinical Lipid Specialist
 Cardiology Nurse Practitioner
 Barbra Streisand Women's Heart Center at the Cedars-Sinai Heart Institute
 Los Angeles, CA



Priya Pillutla, MD
 Assistant Clinical Professor
 Division of Cardiology
 Harbor-UCLA Medical Center
 Torrance, CA



Steven Burstein, MD, FACC*
 Director, Cardiovascular and Cardiac Catheterization Laboratories
 Good Samaritan Hospital
 Los Angeles, CA



Shelley Shapiro, MD, PhD, FACC
 Clinical Professor of Medicine
 David Geffen UCLA School of Medicine
 Cardiologist, VA Greater Los Angeles Healthcare System
 Los Angeles, CA



David S. Cannom, MD, FACC, FHRS*
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 Director of Cardiovascular Trial Development and Engagement,
 Cedars-Sinai Heart Institute
 Clinical Professor of Medicine,
 UCLA School of Medicine
 Los Angeles, CA



Eric Yang, MD, FACC, FASE
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 Division of Cardiology,
 Department of Medicine
 University of California at Los Angeles
 Los Angeles, CA



Christina Light Craigo, MSN, ACNP, AACC*
 Los Angeles Cardiology Associates
 Assistant Clinical Professor
 UCLA School of Nursing
 Associate of the American College of Cardiology
 Los Angeles, CA



Adrienne Youdim, MD, FACP
 Assistant Professor of Medicine
 UCLA School of Medicine
 Cedars-Sinai Medical Center
 Los Angeles, CA



Uri Elkayam, MD, FACC
 Professor of Medicine
 Professor of OB-GYN
 Director of Maternal Cardiology
 University of Southern California
 Keck School of Medicine
 Los Angeles, CA



Katrine Zhiroff, MD, FACC, FSCAI*
 Director, Uterine Artery Embolization Program
 Co-Director, Transradial Cardiac Catheterization Program
 Good Samaritan Hospital
 Los Angeles, CA

Ivan Ho, MD, FACC, FHRS*
 Director, Complex EP Ablation, Good Samaritan Hospital
 Los Angeles, California

*Los Angeles Cardiology Associates, A Medical Group
 An Affiliate of Cedars-Sinai Heart Institute

PROGRAM - Saturday, January 27

6:45-7:30	Registration / Breakfast
7:30-7:45	Introductory Remarks / Program Overview <i>Christina Economides, MD, MM, FSCAI</i>
7:45-8:30	Cardiovascular Disease in Women: Scope of the Problem 2018 Update - <i>Christina Economides, MD, MM, FSCAI</i>
8:30-9:00	Ischemia and Myocardial Infarction with Non-Obstructive Coronary Artery Disease - <i>C. Noel Bairey Merz, MD, FACC, FAHA</i>
9:00-9:30	Practical Approach to the Management of Hyperlipidemia in Women - <i>Margo B. Minissian, PhD, ACNP, CLS, AACC, FAHA</i>
9:30-10:00	Low-Carb vs. Low-Fat Diet in Coronary Artery Disease <i>Christina Light Craigo, NP, MSN, ACNP, AACC</i>
10:00-10:15	Speakers' Panel: Question and Answer
10:15-10:30	<i>Break/Visit Exhibits</i>
10:30-11:00	Obesity: Pharmacologic and Surgical Treatment Options <i>Adrienne Youdim, MD, FACP</i>
11:00-11:30	Pulmonary Arterial Hypertension: We Have Come a Long Way Current Diagnostic and Treatment Options <i>Shelley Shapiro, MD, PhD, FACC</i>
11:30-12:00	Cardiovascular Effects of Cancer Treatment: What You Need to Know in Cardio-Oncology - <i>Eric Yang, MD, FACC, FASE</i>
12:00-12:15	Speakers' Panel: Question and Answer
12:15-1:15	Lunch - Product Theatre (Non-CME) <i>Supported by: Novartis Pharmaceuticals</i>
1:15-1:45	Look Before You Leap: Preconception Counseling for Women with Cardiovascular Disease - <i>Priya Pillutla, MD</i>
1:45-2:15	The Approach to Management of the Pregnant Patient with Heart Disease - <i>Uri Elkayam, MD, FACC</i>
2:15-2:45	Understanding the Spectrum of Dysautonomic Syndromes: Practical Approach to Diagnosis and Therapy <i>David Cannom, MD, FACC, FHRS</i>
2:45-3:00	Speakers' Panel: Question and Answer
3:00-3:15	<i>Break/Visit Exhibits</i>
3:15-3:45	Non-Pharmacologic Therapy to Prevent Embolization: Considerations in Women <i>Ivan Ho, MD, FACC, FHRS</i>
3:45-4:15	Mitral Regurgitation: Gender-Related Outcomes of Percutaneous Mitral Valve Repair - <i>Steven Burstein, MD, FACC</i>
4:15-4:45	Transcatheter Aortic Valve Replacement: Expansion of Indications and Update on Outcomes in Women <i>Christina Economides, MD, MM, FSCAI</i>
4:45-5:15	Patent Foramen Ovale: Update on Management of Cryptogenic Stroke - <i>Katrine Zhiroff, MD, FACC, FSCAI</i>
5:15-5:25	Speakers' Panel: Question and Answer
5:25-5:30	Closing Remarks - <i>Christina Economides, MD, MM, FSCAI</i>

COURSE INFORMATION

ACCREDITATION

This Live activity, 3rd Annual Contemporary Management of Cardiovascular Disease in Women, with a beginning date of January 27, 2018 has been reviewed and is acceptable for up to **8.5** Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 Credit™* toward the AMA Physician's Recognition Award.

AANPCP: The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts AAFP Prescribed credit.

ANCC: According to the ANCC, the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria.

AAPA: The American Academy of Physician Assistants accepts AAFP Prescribed credit for AAPA Category 1 CME credit.

REGISTRATION FEES

	on or before January 5, 2018	on or after January 6, 2018
Physician Registration	\$100	\$130
Nurse / Allied Health	\$75	\$105
Physician in Training	No Charge	No Charge

(Please present a letter of verification upon check-in)

Register Online at: WomensCVDLA.com

LOCATION

Omni Los Angeles Hotel
 251 S. Olive Street
 Los Angeles, California 90012
 Phone: (213) 617-3300
www.omnihotels.com



Special room rates are offered:
 Single or Double - \$199 plus current Los Angeles occupancy tax (15.5%) and overnight parking fee. Discounted valet parking for the day: \$15

Hotel Reservation Deadline: **January 5, 2018** If your reservation is not received prior to cut-off date, reservations will be accepted subject to availability. Please specify that you plan to attend the Contemporary Management of Cardiovascular Diseases in Women so you can receive the special course rate

Direct hotel reservation link available at WomensCVDLA.com

FURTHER INFORMATION

Complete Conference Management Phone: 619-299-6673
 3320 Third Avenue, Suite C Fax: 619-299-6675
 San Diego, CA 92103 Email: info@cmmmeetings.com

CANCELLATION POLICY

If your registration must be cancelled and a refund of your fee is desired, your fee, less \$25 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after **December 27, 2017**. Please allow up to 6 weeks for a refund.

REGISTRATION FORM

3RD ANNUAL SYMPOSIUM

CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN JANUARY 27, 2018

Register Online at: WomensCVDLA.com

First Name _____

Last Name _____

Title _____

Office Address _____

City _____

State _____

Zip _____

Phone _____

Fax _____

Email _____

Professional Specialty _____

Special Needs for Disabled _____

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	on or before January 5, 2018	on or after January 6, 2018
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(Please present a letter of verification upon check-in)

CREDIT CARD PAYMENT - Visa, Mastercard, Discover or Am Ex ONLY

Name of Registrant _____

Card Number _____

Security Code _____ Exp. Date _____

Name on Card _____

Billing Address _____

Amount \$ _____

Signature _____

CHECK OR MONEY ORDER PAYMENT (in US Dollars)

Make payable to: **Good Samaritan Hospital** Send or Fax to: **Complete Conference Management**
 3320 Third Avenue, Suite C
 San Diego, CA 92103
 Fax: 619-299-6675