

## COURSE DESCRIPTION

### 2ND ANNUAL SYMPOSIUM

### CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN

Saturday, February 4, 2017

Omni Los Angeles Hotel, Los Angeles, California

#### NEEDS ASSESSMENT

Heart disease is the leading cause of death in women in the US and accounts for more deaths each year than all other causes combined. In women of racial or ethnic minority the rates of death are even higher. One in three women will die of some form of heart or vascular disease. However, only one-third of women are aware of this statistic and only half would call 911 if they had symptoms of a heart attack. Compared to men, women are less likely to receive standard of care treatment for chest pain, less likely to be referred to a cardiologist, and less likely to be admitted to the hospital. It is our mission to educate healthcare providers about the risk of heart disease in women and empower them to be advocates for women's cardiovascular health.

This educational symposium will define risk factors for cardiovascular disease in women and how they differ from men, the impact of cardiovascular disease in women worldwide, and gender-specific treatments.

#### FACULTY DISCLOSURE

It is our policy to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose are disqualified from participating in the CME activity. Participants will be asked to evaluate whether the speaker's outside interests reflect a possible bias in the planning or presentation of the activity. This information is used to plan future activities.

Heart disease is the leading cause of death in women in the US and accounts for more deaths each year than all of the other causes combined. In women of racial or ethnic minority the rates of death are even higher. One in three women will die of some form of heart or vascular disease. However, only one-third of women are aware of this statistic and only half would call 911 if they had symptoms of heart attack. Compared to men, women are less likely to receive standard of care of treatment for chest pain, less likely to be referred to a cardiologist, and less likely to be admitted to the hospital. It is our mission to educate healthcare providers about the risk of heart disease in women and empower them to be advocates for women's cardiovascular health.

This educational symposium will define risk factors for cardiovascular disease in women and how they differ from men, the impact of cardiovascular disease in women worldwide, and gender-specific treatments. Discussions will include pathophysiology of pregnancy related complications, the risks and benefits of hormone therapy, the benefits of biventricular therapy in women and heart failure management, and advances in management of dyslipidemia, atrial fibrillation and coronary microvascular dysfunction. State of the art therapies for structural heart disease, with an emphasis on outcomes in women, will be discussed.

The objective of this symposium is to educate healthcare providers on gender-appropriate approaches in prevention, diagnosis and treatment of women with a broad range of cardiovascular diseases.

#### TARGET AUDIENCE

This program has been designed to provide primary care physicians, internists, cardiologists, nurse practitioners, physician assistants, nurses, pharmacists and other healthcare providers with the necessary information to increase knowledge and awareness of cardiovascular disease in women with the goal of improving patient care.

#### OBJECTIVES

1. Understand the impact of cardiovascular disease in women, including current incidence and prevalence
2. Review the risks, presentation and current guidelines for treatment of CAD in women
3. Explore the diagnosis and management of chest pain in women without obstructive CAD
4. Discuss preconception counseling for women with various existing cardiovascular disorders
5. Understand the management of women with common cardiovascular disorders during pregnancy
6. Review current management guidelines for hyperlipidemia and discuss newer, non-statin therapies
7. Discuss updates on lifestyle, diet and exercise guidelines
8. Understand the diagnosis and management of dysautonomia
9. Discuss updates on medical and device therapies for heart failure in women
10. Review pharmacologic and nonpharmacologic therapies for prevention of thromboembolic complications in atrial fibrillation
11. Review updated indications and compare the current outcomes in transcatheter vs surgical aortic valve replacement in women



1225 Wilshire Blvd.

3rd Floor Cardiology

Los Angeles, CA 90017

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[WomensCVDLA.com](http://WomensCVDLA.com)

*If you receive more than one brochure,  
won't you pass the extra along to an associate?*

**PLEASE POST**

### 2ND ANNUAL SYMPOSIUM

### Contemporary Management of Cardiovascular Disease in Women



February 4, 2017

Omni Los Angeles Hotel  
Los Angeles, California

COURSE DIRECTOR  
Christina Economides, MD

SUPPORTED BY



Good Samaritan Hospital  
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[WomensCVDLA.com](http://WomensCVDLA.com)

# FACULTY

## COURSE DIRECTOR



**Christina Economides, MD\***  
 Director, STEMI Receiving Center, Director, Women's Cardiovascular Health Program  
 Director, Cardiac Rehabilitation Program  
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 Associate Program Director, Harbor UCLA Medical Center/Good Samaritan Hospital  
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## GUEST FACULTY



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 Dysautonomia Clinic - Supervising  
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 Los Angeles, CA



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 Director, Hypertension Center  
 Associate Director,  
 Cedars-Sinai Heart Institute  
 Los Angeles, CA



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 Development and Engagement,  
 Cedars-Sinai Heart Institute  
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 UCLA School of Medicine  
 Los Angeles, CA



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 Biomedical Imaging Research Institute  
 Staff Cardiologist,  
 Barbra Streisand Women's Heart Center  
 Cedars-Sinai Heart Institute  
 Los Angeles, CA



**Christina Craig, MSN, ACNP, AACCC\***  
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 Los Angeles Cardiology Associates  
 Los Angeles, CA



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 Hospital / Harbor-UCLA Medical Center  
 Los Angeles, CA



**Ivan Ho, MD, FACC, FHRS\***  
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 Good Samaritan Hospital  
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 UCLA School of Medicine  
 Los Angeles, CA



**Katrine Zhiroff, MD, FACC, FSCAI\***  
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 Embolization Program  
 Co-Director, Transradial Cardiac  
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 Barbra Streisand Women's Heart Center  
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 Los Angeles, CA



**Margo B. Minissian, PhD, FAHA, AACCC**  
 Nurse Scientist  
 Clinical Lipid Specialist  
 Cardiology Nurse Practitioner  
 Barbra Streisand Women's Heart Center  
 Cedars-Sinai Heart Institute  
 Los Angeles, CA

*\*Los Angeles Cardiology Associates,  
 A Medical Group  
 An Affiliate of Cedars-Sinai Heart Institute*

# PROGRAM - Saturday, February 4

6:45	Registration Opens
7:00-8:00	<i>Breakfast - Product Theatre (Non-CME)</i> <b>Putting Guidelines into Practice: New Recommendations for Optimal Treatment of Heart Failure with Reduced Ejection Fraction (HFrEF)</b> <i>Supported by: Novartis Pharmaceuticals Corporation</i>
8:00-8:30	<b>Cardiovascular Disease in Women: Scope of the Problem - 2017 Update</b> Christina Economides, MD
8:30-8:55	<b>Chest Pain in Women with No Obstructive Coronary Artery Disease: Diagnosis and Management</b> Janet Wei, MD, FACC
8:55-9:20	<b>Look Before You Leap: Preconception Counseling for Women with Cardiovascular Disease</b> Priya Pillutla, MD
9:20-9:30	<i>Break</i>
9:30-9:55	<b>Management of Common Cardiovascular Issues During Pregnancy</b> Priya Pillutla, MD
9:55-10:20	<b>Hypertension Management...to SPRINT or Not to SPRINT</b> Ronald Victor, MD
10:20-10:55	<b>Current Approach to Treatment of Hyperlipidemia</b> Katrine Zhiroff, MD, FACC, FSCAI
10:55-11:20	<b>A Pragmatic Approach to Non-Statins Therapies</b> Margo B. Minissian, PhD, FAHA
11:20-11:55	<b>Update on Lifestyle, Diet and Exercise Guidelines for Cardiovascular Disease: Prevention and Secondary Risk Reduction</b> Christina Craig, NP
11:55-12:05	<b>Speakers' Panel: Question and Answer</b>
12:15-1:15	<i>Working Lunch-Interventional Case Presentations</i>
1:15-1:45	<i>Keynote Lecture:</i> <b>Understanding the Spectrum of Dysautonomia: Practical Approach to Diagnosis</b> David S. Cannon, MD, FACC, FHRS
1:45-2:05	<b>Treatment and Long-term Management of the Dysautonomic Patient</b> Emily Caldwell, ACNP
2:05-2:30	<b>Congestive Heart Failure: 2017 Update in Management</b> Katrine Zhiroff, MD, FACC, FSCAI
2:30-2:55	<b>Heart Failure: Cardiac Resynchronization Therapy in Women</b> Andrew Zadeh, MD, FACC, FHRS
2:55-3:05	<i>Break</i>
3:05-3:30	<b>The Evolving Landscape for Anticoagulation in Atrial Fibrillation: Selection of the Right Drug, Reversal Agents and Gender Differences</b> Anil Bhandari, MD, FACC, FHRS
3:30-3:55	<b>Nonpharmacologic Therapy to Prevent Embolization in Patients with Atrial Fibrillation: Considerations in Women</b> Ivan Ho, MD, FACC, FHRS
3:55-4:20	<b>Transcatheter AVR vs Surgical AVR: Update on Indications and Outcomes in Women</b> Christina Economides, MD
4:20-4:35	<b>Speakers' Panel: Question and Answer</b>
4:35	<b>Adjourn</b>

# COURSE INFORMATION

## ACCREDITATION

This Live activity, 2nd Annual Contemporary Management of Cardiovascular Disease in Women, with a beginning date of February 4, 2017 has been reviewed and is acceptable for up to **8.0** Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 Credit™* toward the AMA Physician's Recognition Award.

AANPCP: The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts AAFP Prescribed credit.

ANCC: According to the ANCC, the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria.

AAPA: The American Academy of Physician Assistants accepts AAFP Prescribed credit for AAPA Category 1 CME credit.

## REGISTRATION FEES

	on or before January 20, 2017	on or after January 21, 2017
Physician Registration	\$100	\$130
Nurse / Allied Health	\$75	\$105
Physician in Training	\$75	\$105

**Register Online at: WomensCVDLA.com**

## LOCATION

**Omni Los Angeles Hotel**  
 251 S. Olive Street  
 Los Angeles, California 90012

Phone: (213) 617-3300  
**www.omnihotels.com**



Special room rates are offered:  
 Single or Double - \$199 plus current Los Angeles occupancy tax (15.5%) and overnight parking fee. Discounted valet parking for the day: \$15

Hotel Reservation Deadline: **January 13, 2017** If your reservation is not received prior to cut-off date, reservations will be accepted subject to availability. Please specify that you plan to attend the **Contemporary Management of Cardiovascular Diseases in Women** so you can receive the special course rate.

## FURTHER INFORMATION

Complete Conference Management Phone: 619-299-6673  
 3320 Third Avenue, Suite C Fax: 619-299-6675  
 San Diego, CA 92103 Email: info@cmmmeetings.com

## CANCELLATION POLICY

If your registration must be cancelled and a refund of your fee is desired, your fee, less \$25 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after **January 6, 2017**. Please allow up to 6 weeks for a refund.

# REGISTRATION FORM

## 2ND ANNUAL SYMPOSIUM

# CONTEMPORARY MANAGEMENT OF CARDIOVASCULAR DISEASE IN WOMEN FEBRUARY 4, 2017

**Register Online at: WomensCVDLA.com**

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Title \_\_\_\_\_

Office Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Professional Specialty \_\_\_\_\_

Special Needs for Disabled \_\_\_\_\_

## REGISTRATION FEES

	on or before January 20, 2017	on or after January 21, 2017
Physician Registration	\$100	\$130
Nurse / Allied Health	\$75	\$105
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CREDIT CARD PAYMENT - Visa, Mastercard, Discover or Am Ex ONLY

Name of Registrant \_\_\_\_\_

Card Number \_\_\_\_\_

Security Code \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

Amount \$ \_\_\_\_\_

Signature \_\_\_\_\_

## CHECK OR MONEY ORDER PAYMENT (in US Dollars)

Make payable to: *Send or Fax to:*  
**Good Samaritan Hospital** Complete Conference Management  
 3320 Third Avenue, Suite C  
 San Diego, CA 92103  
 Fax: 619-299-6675